

Am I eligible for Casey home birth?

SELF ASSESSMENT CHECKLIST WOMEN'S AND CHILDREN'S PROGRAM

To be eligible for home birth, you must first be suitable to book at Casey Hospital for maternity care. For instance, you must live within the Southern Health local catchment and must not have any serious health problems.

In addition to these basic criteria, there are some requirements specific to the home birth option.

If you can tick the following statements, you may be considered eligible for Casey home birth.

Current pregnancy

- I am pregnant with one baby, not twins or triplets.
- I am healthy and well.
- I am not obese (Body Mass Index (BMI = weight divided by height squared) of less than 35).
- I am seeking a medication free birth (Pethidine is not available at home births).

Pregnancy history

- I have had less than five babies.
- I have not had a caesarean in the past.
- I have not had significant pregnancy or childbirth complications.

Home environment

- I am booked in to the Caseload model at Casey and live within the catchment for Casey Hospital.
- My home is clean and comfortable for birth.
- A landline telephone preferred or good mobile phone coverage at my home.
- Water and electricity are available at my home.
- Access to my home is not difficult.

Personal circumstances

- I am an Australian citizen or permanent resident eligible for Medicare.
- I have current Ambulance cover.
- I do not require an interpreter.
- I have a strong network of family and friends to provide practical support after the birth.



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