

Southern Health

### Casey Hospital provides:

Primary level maternity care and if required secondary level care in labour or at birth (Specialist obstetricians, anaesthetists and paediatricians will attend if required). You are suitable for primary level maternity care if at booking you do not have serious health problems or a history of significant pregnancy or birth problems.

If you are booked at Casey and complications develop during pregnancy your maternity booking will be transferred to another Southern Health hospital either Dandenong Hospital or Monash Medical Centre Clayton dependant upon the level of care required and bed availability.

### Dandenong Hospital provides:

Primary and secondary level maternity care. If you have a health problems or a history of complications with a previous pregnancy you may require secondary level care.

### Monash Medical Centre Clayton provides:

The only tertiary level service in Southern Health. While all levels of maternity care are provided, we **prioritise bookings and transfers** in pregnancy to women with a **tertiary** need.

**PRIMARY MATERNITY** services provide care for 'low risk' women experiencing uncomplicated pregnancy and birth.

**SECONDARY MATERNITY** services will meet the needs of women who have or may be expected to develop complications which require referral or transfer to specialist medical care.

**TERTIARY MATERNITY** services provide multidisciplinary specialist care for women and babies with complex and/or rare maternal fetal needs.

*Refer Victorian Government 2004, Future Directions for Victoria's Maternity Services, Department of Human Services (DHS)*

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Better Health In Our Community

# Maternity Care Options at Monash Medical Centre (MMC) Clayton

Our Maternity Booking Service will offer you a booking-in visit at the most appropriate of our three maternity sites according to a risk assessment of health and maternity history and considering wherever possible your preferences.

All our hospitals and public clinics have a limit on the number of bookings they can accept each month so unfortunately we cannot always offer everyone their preferred pregnancy care option.

MMC Clayton is one of three maternity sites within Southern Health. This leaflet outlines the options for pregnancy care when booking to birth at MMC Clayton. This hospital is primarily a **tertiary referral centre** for women with complicated pregnancies. About half of the women who come here for pregnancy care have complex health problems. A limited number of healthy local well women without medical risk factors may book to birth at MMC through options 4 or 5 (over page).

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- MMC will prioritise initial maternity bookings to women who have significant medical / obstetric complications requiring tertiary or specialist services.

	Clayton pregnancy care options	Who will I see during pregnancy?	Where will I have my visits?	Care during birth & after	With this option
Tertiary maternity	<b>1. Maternal Fetal Medicine (MFM) clinic</b>	<p>Your care will be with a team of health professionals.</p> <ul style="list-style-type: none"> <li>• You will see a specialist obstetrician at each visit.</li> <li>• The MFM midwife will be available for consultation at your clinic visits.</li> </ul>	In the public antenatal clinic at MMC Clayton.	<p>You will give birth at MMC with specialist care as necessary.</p> <p>The maternity team provide birth &amp; postnatal ward care.</p> <p>You will be offered a midwife home visit following discharge.</p>	During your pregnancy you will have care with a small group of specialist obstetricians. Wherever possible you will see the same specialist.
Secondary maternity	<b>2. Obstetric clinic</b>	<p>Your care will be with a team of health professionals.</p> <ul style="list-style-type: none"> <li>• You will see a specialist obstetrician or training obstetricians at each visit</li> <li>• You will have two hospital visits with a midwife, the initial to confirm your 'booking' and one later in your pregnancy for planning around your baby's birth and your postnatal needs.</li> </ul>	In the public antenatal clinic at MMC Clayton.	<p>The maternity team provide birth &amp; postnatal ward care.</p> <p>You will be offered a midwife home visit following discharge.</p>	During your pregnancy we aim to provide continuity of medical care.
	<b>3. Special needs clinics</b>	<p>Your care will be with a team of health professionals.</p> <ol style="list-style-type: none"> <li>1. midwives specialising in maternity care with women aged under 19 years</li> <li>2. midwives specialising with care of women with alcohol, drug or mental health issues</li> <li>3. specialist obstetricians and social workers.</li> </ol>	In the public antenatal clinic at MMC Clayton.	<ul style="list-style-type: none"> <li>• The maternity team provide birth &amp; postnatal ward care.</li> <li>• You will be offered a midwife home visit following discharge. Wherever possible your pregnancy care midwives will provide this follow up service.</li> </ul>	You get to know a small team of specialist midwives during pregnancy.
Primary maternity	<b>4. Midwife Primary Care</b>	<p>Your care will be with a team of health professionals.</p> <ul style="list-style-type: none"> <li>• You will be offered an obstetric medical screening visit early in pregnancy.</li> <li>• Unless your health condition changes all ongoing pregnancy care will be with the MCBC team midwives.</li> </ul>	<p>In the public antenatal clinic at MMC Clayton.</p> <p>You may have appointments after hours.</p>	<ul style="list-style-type: none"> <li>• You will give birth at Clayton in the birth suites.</li> <li>• MCBC midwives will care for you during your labour, birth and the hours after birth. They may also visit you at home after discharge.</li> </ul>	<p>Small teams of midwives who are committed to supporting you in having a normal birth.</p> <p>Water births are an option.</p> <p>You may choose going home 6-24 hours after birth and stay together as a family in the postnatal ward after birth.</p>
	<b>5. GP primary care</b>	<p>Your care will be with a team of health professionals.</p> <ul style="list-style-type: none"> <li>• If you are having Shared Care you will have around half of your visits with your own GP. Hospital specialist obstetrician reviews will be at around 15, 28, 36 and 41 weeks. Midwife visits at booking &amp; 34 weeks of pregnancy.</li> </ul>	<p>Shared care visits are in the GP's private rooms.</p> <p>The specialist obstetrician GP obstetrician and midwife visits will be within the public antenatal clinic at MMC Clayton.</p>	<ul style="list-style-type: none"> <li>• You will give birth in the birth suites at Clayton.</li> <li>• The maternity team provide birth &amp; postnatal ward care.</li> <li>• You will be offered a midwife home visit following discharge.</li> </ul>	<p>GP Shared care is suitable for women whose doctor is recognised by Southern Health to provide Shared Maternity Care.</p> <p>The GP Obstetrician clinic is a bulk bill clinic and therefore access is restricted to women with a Medicare card.</p>
	<b>5.1 GP Shared Care with hospital.</b>	<ul style="list-style-type: none"> <li>• If you are having care in the GP Obstetrician Clinic all care will be with the clinic team.</li> </ul>			
	<b>5.2 GP Obstetrician hospital clinic</b>				